Independent & Assisted Living

March 2024



Bowling Green

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Devotion 10:00 Exercise 1:00 Movie and Popcorn 3:00 Golden Carole Group Performance 6:00 Bridge	9:30 Devotion 10:00 Daily Delight Packet 10:30 Walking Club 1:30 Cornhole 6:00 Card Game of Your Choice
9:15 Sunday School w/ Bill 10:00 Daily Delight Packet 11:00 First Baptist Church 1:00 Ice Cream on the Patio 5:00 Evening Walks	9:30 Devotion 10:00 Exercise 1:00 The Metzger's Singing Group 2:30 Local Shopping: Meijer's 4:00 Nails	9:30 Devotion 10:00 Arcadia Market 1:30 Bingo 2:30 Outing: Afternoon Sweet Treat- Riley's Bakery 6:00 Uno Card Game	9:30 Devotion 10:00 Exercise 1:30 National Oreo & Milk Day Snack 3:00 Wine Down Wednesday 6:00 Left Right Center Game	9:30 Devotion 9:45 Games w/ WKU Students 10:30 International Women's Day Photo 1:00 Bingo 2:00 Making Flower	9:30 Devotion 10:00 Exercise 1:00 Yahtzee 2:00 Movie and Popcorn 2:15 Canasta Card Game 6:00 Bridge	9:30 Devotion 10:00 Daily Delight Packet 10:30 Walking Club 1:30 Cornhole 6:00 Card Game of Your Choice
Daylight Savings 9:30 Sunday School w/ Bill 10:00 Daily Delight Packet 11:00 First Baptist Church 5:00 Evening Walks	9:30 Devotion 10:00 Exercise 1:30 Uno Card Game w/ Reagan 2:30 Nails 3:00 Puzzle hour	9:30 Devotion 9:45 Walking Club 10:00 Arcadia Market 1:30 Bingo 2:30 Moon pies and Music w/ April	9:30 Devotion 10:00 Exercise 1:30 March Madness Bracket Competition 2:00 March Madness Game 3:00 Wine Down Wednesday	9:30 Devotion 10:00 Current Events 1:30 Bingo 2:30 Shamrock Milkshakes 6:00 Hand and Foot Game	9:30 Devotion 10:00 Exercise 1:00 St. Patty's Day Party 2:30 Movie and Popcorn: Calvary 6:00 Bridge	9:30 Devotion 10:00 Daily Delight Packet 10:30 Walking Club 1:30 Cornhole 6:00 Card Game of Your Choice
March Madness Starts 9:15 Sunday School w/ Bill 10:00 Daily Delight Packet 11:00 First Baptist Church 5:00 Evening Walks	9:30 Devotion 10:00 Exercise 1:00 Local Shopping: Kroger 2:30 Nails 3:00 Mimosa Monday 6:00 Bridge	9:30 Devotion 10:00 Arcadia Market 1:30 Bingo 2:30 Emergency Preparedness Meeting 3:00 First Day of Spring Social	9:30 Devotion 10:00 Exercise 1:30 Year of Luck 3:00 Wine Down Wednesday 6:00 Left Right Center Game	9:30 Devotion 10:00 Current Events 11:00 Lunch Bunch: Shogun 2:00 Bingo 3:00 Sunshine, Music and Donuts on the Patio	9:30 Devotion 10:00 Exercise 1:00 Shopping Trip: Belk 2:00 Movie and Popcorn 6:00 Bridge	9:30 Devotion 10:00 Daily Delight Packet 10:30 Walking Club 1:30 Cornhole 6:00 Card Game of Your Choice
9:30 Sunday School w/ Bill 10:00 Daily Delight Packet 11:00 First Baptist Church 5:00 Evening Walks	9:30 Devotion 10:00 Exercise 1:00 Local Shopping: Wal- Mart 2:30 Nails 6:00 Bridge	9:30 Devotion 9:45 Walking Club 10:00 Arcadia Market 1:30 Bingo 2:30 March Birthday Party w/ Tristan	9:30 Devotion 10:00 Exercise 1:00 Easter Craft 2:00 Resident Council 3:00 Wine Down Wednesday 6:00 Left Right Center Game	9:30 Devotion 9:45 Games w// WKU Students 1:30 Bingo 2:30 Easter Baking 6:00 Hand and Foot Game	9:30 Devotion 10:00 Exercise 1:00 Hymn Singing w/ Martha 2:00 Movie and Popcorn 2:15 Canasta Card Game 6:00 Bridge	9:30 Devotion 10:00 Daily Delight Packet 10:30 Walking Club 1:30 Cornhole 6:00 Card Game of Your Choice
9:15 Sunday School w/ Bill 10:00 Daily Delight Packet 11:00 First Baptist Church 5:00 Evening Walks						

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Complex	NA or day.	Turaday	Walaa alaa	Thursday	Friday	Caturday
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00 Devotional/Current Events	10:00 Devotional/Current Events
					10:30 Group Exercise 11:00 Noodle Ball	10:30 Group Exercise
					3:00 Movie and Popcorn Day	11:00 Noodle Ball 2:00 Dominoes Chicken Foot
		-		-	6:00 Puzzles & Relaxation	6:00 Rummikub Game
10:00 Devotion/Current Events	4	10:00 Devetien/Gurrent Frants	10:00 Doughtian (Course of Events	10:00 Devetien/Gurrent Events	10:00 Deveties (Comment French	10:00 Dougtion/Guyrant Frants
10:30 Piano W/ Jane	10:00 Devotion/Current Events 10:30 Group Exercise	10:00 Devotion/Current Events 10:30 Group Exercise	10:00 Devotion/Current Events 10:30 Group Exercise	10:00 Devotion/Current Events 10:30 Group Exercise	10:00 Devotion/Current Events 10:30 Group Exercise	10:00 Devotion/Current Events10:30 Group Exercise
11:00 Inspirational Hour 2:00 Gaither Gospel Hour	11:00 Noodle Ball 2:00 Bingo Game	11:00 Noodle Ball 2:00 Celebrate Reading W/Dr	11:00 Noodle Ball 2:00 Sip & Play Trivia	11:00 Noodle Ball 2:00 Nat'l Cereal Day Game	11:00 Noodle Ball 1:30 Willow & Buddy	11:00 Noodle Ball 2:00 Rummy Card Game
6:00 Puzzles & Relaxation	6:00 Andy Griffith Show	Suess Party 6:00 Wheel of Fortune	6:00 Music & Relaxation Hour	6:00 Table Games	6:00 Dominoes Chicken Foot	6:00 Word Search Daily Delight
10 Ramadan Begins	11	12	13	14	15	16
10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes
10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise
11:00 Inspirational Hour 2:00 Gaither Gospel Hour	11:00 Noodle Ball 2:00 Corn Hole	11:00 Noodle Ball 2:00 Activities w/Nolly &	11:00 Noodle Ball 2:00 Sip & Play Trivia	11:00 Noodle Ball 2:00 Pi Day Pizza Party	11:00 Noodle Ball 2:00 Movie and Popcorn Day	11:00 Noodle Ball 2:00 Rummy Card Game
6:00 Puzzles & Relaxation	6:00 Andy Griffith Show	Savanna	6:00 Music & Relaxation Hour	6:00 Table Games	6:00 Dominoes Chicken Foot	6:00 Word Search Daily Delight
17 St. Patrick's Day 10:00 Current Events/Time	10:00 Current Events/Time	19 Spring Begins 10:00 Current Events/Time	10:00 Current Events/Time	10:00 Current Events/Time	10:00 Current Events/Time	10:00 Current Events/Time
Changes	Changes	Changes	Changes	Changes	Changes	Changes
10:30 Group Exercise 11:00 Inspirational Hour	10:30 Group Exercise 11:00 Noodle Ball	10:30 Group Exercise 11:00 Noodle Ball	10:30 Group Exercise 11:00 Noodle Ball	10:30 Group Exercise 11:00 Noodle Ball	10:30 Group Exercise 11:00 Noodle Ball	10:30 Group Exercise 11:00 Noodle Ball
2:00 Gaither Gospel Hour 6:00 Puzzles & Relaxation	2:00 St Patty's Day Party 6:00 Andy Griffith Show	2:00 Bingo Game 6:00 Wheel of Fortune	2:00 Sip & Play Trivia 6:00 Music & Relaxation Hour	2:00 Bunco & Snack W/Carole 6:00 Table Games	4:24 Movie and Popcorn Day 6:00 Dominoes Chicken Foot	2:00 Rummy Card Game 6:00 Word Search Daily Delight
24	25 Holi	26	27	28	29 Good Friday	30
10:00 Devotion/Current Events 10:30 Group Exercise	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes	10:00 Current Events/Time Changes
11:00 Inspirational Hour	10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise	10:30 Group Exercise
2:00 Gaither Gospel Hour 6:00 Puzzles & Relaxation	11:00 Noodle Ball 2:00 Bird Craft Art	11:00 Noodle Ball 2:00 Spring Fling W/Nolly &	11:00 Noodle Ball 2:00 Sip & Play Trivia	11:00 Noodle Ball 2:00 Easter Peeps Tasting	11:00 Noodle Ball 4:24 Movie and Popcorn Day	11:00 Noodle Ball 2:00 Rummy Card Game
	6:00 Andy Griffith Show	Savannah	5:30 Music W/ Cary Calvert	6:00 Table Games	6:00 Dominoes Chicken Foot	6:00 Word Search Daily Delight
31 Easter 10:00 Easter Sunday with family						
11:00 Inspirational Hour						
2:00 Gaither Gospel Hour 6:00 Puzzles & Relaxation						

Open Arms